



Development. Liberation. Life.

My Name is Kathryn Li de Leon and I am a musical philosopher and developmental companion.

In my offers I share my know-how and insights with you:
In relaxed togetherness in a group and a musical framework
or individually personalized, while deepening into you and your being.

As musical philosopher I sing and tell in contemplative events about my experiencing and perceiving.

As a developmental companion I support the unfolding of our own skills of self-perception.

Both happens in the special quality of the INICH-space.
Here we face ourselves and each other
sensitively and attentively.

Truth can only be experienced, not learnt.

INICH-space

INICH is derived from the German word **Einsicht**, meaning **insight**, and stands for the aware
introspection, the seeing **into one** self.

INICH-space is an energy field, place of **exquisite attentiveness**.
This kind of attentiveness is focused, honest, open and non-judgmental.
Here we can perceive our being as it is and express it.

INICH-space **serves the attention, contemplation and observation
of thoughts, feelings bodily sensations and actions.**

This comprehensive self-respectability is an original human ability.
By cultural imprinting and changing values it fell into oblivion.

I support you in rediscovering this ability.

There is MORE in us, we want to express.

Musical philosophy – listen and interchange

Enjoy songs and talks for open hearts and ears.

With my singing and telling I create the framework for an **interactive space**.

The **songs are about self-awareness and self-empowerment**.

They can inspire and encourage, invite to swing and muse along.

Sitting in a circle together creates a feeling of connectedness.

In this way we **contact approachably** and better perceive ourselves and each other.

A trusting atmosphere arises and **everybody is invited to share their impulses of thoughts and feelings**.

Contact me to find about upcoming events or to organize something together.

Visit my channel: <https://www.youtube.com/channel/UCm1IunllIBZwRta9d6e-JkA/featured>

Daringly explore the own depth and width.

Developmental company

Self-respect and authentic life through refined perception

To live means to grow.

To grow means to develop.

To develop yourself means to uncover something, that is already within you.
Already within is a wealth of knowledge which shows itself as thoughts and feelings.

You perceive then, when you liberate yourself from conditioned patterns.

When you liberate yourself, you develop.

When you develop, you grow.

When you grow, you live.

In personal talks with me you experience the quality of the INICH-space in a more intense way.

You remember the holistic truth within.

Ways of thinking and behavior show itself, as well as blind spots.

Vigilantly we look at them and bring them to your awareness.

We look at the circumstances of your life reality and find concrete measures
that you can implement for your self-care.

The acceptance of the present way of being empowers and motivates you to put the changes for your
development into practice now.

The goal is that you soon succeed, to attentively face yourself on your own in the INICH-space.
Then this energy field is at your disposal anywhere and anytime and you are giving yourself the
attention and receive the confirmation that you need.

Place

At your home, on walks outside or in Co-Work-Spaces in Kiel, Eckernförde and Gettorf.
(Video-)Calls are possible, as well.

Time

One to one and a half hours.

Honorarium

90€ / hour

For a meeting in a Co-Work-Space I am thankful for a contribution of 10€ / hour.

[I devote myself to what I am.](#)

About me

I experience healing and love by turning my attention towards myself and really acknowledge my needs.

Many upheavals, general insecurity and deficient communication have marked my life in the past.
I suppressed my true being which sickened me mentally and physically.

But I decided to break out of limiting and harmful patterns
and to change myself and my life.

Thanks to the path behind me I developed my holistic ability to perceive.
In spite of the path behind me my delicate sensibility waited within until
I was ready to let it into my life again.

For the path in front of me I give myself INICH-space.

I honor how I am and how my life is and by that
discover the next steps towards what it and I still want to become.

1986-2009: Life in Balingen and Munich (South GER), Manila (PHI), San Diego (USA)

2002-2005: professional education as hair stylist

2008: Abitur (higher school certificate)

2009-2015: Cultural studies at University of Koblenz (Mid GER)

2013-2019: showmanship at medieval markets (GER, AT, CH, BE, NL)

2016-2019: van life and busking (GER, AT, IT, NL)

since 2016: further studies on philosophy and anthropology

since April 2020: Life in Schwedeneck (North GER)

I am looking forward to you contacting me:

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